

INSIGHT



Optimum Living for the Spirit-Led Woman!

A Semi-Annual Newsletter

Issue N° 1 - Fall/Winter 2009

Inside This Issue:

Wrapped in Reading	2	Green is the New Black	3	Best Buys	6
The Spiritual Vitamin	2	The Perfect Shoe	4	The Voice of Wisdom	7
Looking Good from the Inside Out	2	Let's Talk Finance!	5	Convocation Buzz	7
Foreign Missions	2	Diocese News	6	On the Lighter Side	8

Chosen for Such a Time as This

The word "*chosen*" brings about a variety of feelings: joy, defeat, hope and fear. If you are gifted in music, athletics, art, beauty, or some other talent, you probably have experienced the joy of being chosen. On the other hand, if you were not so blessed in these areas, you may have encountered the sting of losing, of being overlooked, or simply not being chosen.

Women of God, whether your experience has been positive or negative, know that God's viewpoint about you is far different from man's viewpoint.

God said, "*You are a chosen generation, a royal priesthood...*" It is far more important to be chosen by God, to be viewed as His royalty, and to know that His purpose for you

is important and will be fulfilled and brought to an expected end. With such validation, you need not fear or be intimidated by any kingdom assignment or challenge. Rather, you are to be confident that "He who has begun a good work in you is faithful to complete it."

Now that I have *moved beyond fear to purpose* in assuming the leadership of the National Women's Ministry of the United Church of Jesus Christ (Apostolic), let me introduce the leadership, those dedicated and committed ladies whom the Holy Spirit has given me for the next four years as partners in the following endeavors:

- To ensure active participation of all our women in Kingdom ministry
- To encourage the women to demonstrate their transformative nature
- To move us beyond fear to purpose
- To edify and nurture one another in love
- To share our Spirit-given gifts and talents
- To become "missional-minded"

Pray that we embrace God's heart fully, so that He is glorified, the Women of the United Church of Jesus Christ (Apostolic) are edified, and kingdom work is impacted globally.



**President –
Co-Pastor Ernestine Lewis**
*Harvest United Ministries
Waldorf, Maryland*



**Vice President –
Pastor Joyce Washington**
*Endtime United Ministries
Norfolk, Virginia*

E x e c u t i v e B o a r d M e m b e r s



Evangelist Patricia Watson
*Triumphant Community Church of
Jesus Christ
Somerset, New Jersey*



Elder Thomasina Wharton
*Mt. Olive HolyEvangelistic Church
Baltimore, Maryland*



Missionary Marcia Redmond Bond
*Church of the First Born (Apostolic)
Toronto, Ontario*



Missionary Angela McMillan Howell, Ph.D.
*New Life Ministries
Catonsville, Maryland*

Wrapped in Reading

Fiction, Non-Fiction, Self Help or Relationships...I believe we all have a tendency to get wrapped in reading. Sometimes we even talk about the characters as if they are real people or we reflect on what we have read and how we can apply it to our own lives. I would like to suggest a few titles which I think one or all of us could enjoy.

Take Back Your Family: How to Raise Respectful and Loving Kids in a Dysfunctional World by Rev Run & Justine Simmons. Rev Run's life experiences as a hip-hop icon, an ordained minister, and a reality TV star are vast. However, none can compare to the greatest life experience of them all - raising his six children-Angela, Vanessa, JoJo, Diggy, Russy and Miley-with his wife Justine. Pick up this page turner, and get an in-depth view of how family values are instilled and life lessons are taught—Rev Run style—along the way.

The Bait of Satan by John Bevere. Have you experienced wounds from past offenses and betrayals? Have you dealt with these wounds or do the scars remain? Well, it's time to face the *spirit of offense* head on! John Bevere in **The Bait of Satan** reveals this cunning trap by careful examining the effects of "offense" and "unforgiveness" on the lives of believers and their relationship with God. Don't wait to experience this life changing book. Make **The Bait of Satan** a part of your library today!

Last but not least, I would like to highlight the author Vanessa Miller, one of the finest in Christian fiction writers. In her latest book **Forsaken**, meet Pastor Jerome Tyler "JT" Thomas, full of charm, charisma and hidden indiscretions—past and present—he would much rather forget. Oh, but it's not that easy. Enter into the tempestuous world of JT and his wife, as the "past" pays them a visit. See how JT copes with this unwelcome visitor as his life spirals out of control. Only God can rescue JT now but will JT trust Him?

By the way, if you enjoy reading Christian fiction come and join the Glory Girl's Book Club for women 18 years & older. For more information, email me at theresa_saunders@yahoo.com.

It has been great sharing these select titles with you. Until next time, stay *Wrapped in Reading!*

~ Theresa Saunders

The Spiritual Vitamin

Remember and be revitalized!

When the storms of life are raging, what do you do? In these times where at every turn there seems to be bad news – you lose your job, a family member is sick, a friend's child is in legal trouble, and on and on, what do you do?

Try what I do – I take a trip down memory lane!

Under adverse circumstances, it is easy to become discouraged and feel overwhelmed, but when I take that walk, I am reminded that there is no situation beyond the reach of our heavenly father, Jesus Christ; there is no problem too big for Him to solve; no barriers He can't break through; no task too daunting. As I look into



His word, I am reminded of the deliverance God gave the children of Israel as they were brought out of Egyptian bondage, through the Red Sea and through the wilderness. I am reminded, too, of the healing miracles Jesus performed as He walked the shores of Galilee.

But those seem so far away and so far removed from our time, you say. Then I encourage you to remind yourself of what God has already done for you and yours right now, in our times. Chances are, you are reading this because you have come in contact with our great God and Savior, Jesus Christ; so He has already given you deliverance from the greatest bondage there is – SIN. Chances are, you have already experienced His healing power and can call Him "Jehovah-rophe." Chances are, you have already experienced His provisioning grace and can call Him "Jehovah-jireh." Chances are, you have already experienced His cutting through opposition in the workplace and can call Him "Jehovah-nissi."

So whatever you are experiencing now, look at what He has already done for His people past and present, and particularly in your own life. Be courageous and assured that He will be with you to bring you through whatever now faces you – victoriously! We are reminded of His word, "Cast not away therefore your confidence, which hath great recompence of reward. For ye have need of patience, that, after ye have done the will of God, ye might receive the promise." (Heb. 10:35-36, KJV)

Remember and be revitalized!

~ Evangelist Patricia Watson

Looking Good from the Inside Out



Proverbs 27:19 – "As in water face reflects face, so a man's heart reveals the man"

To be a transformed women we must be sure to work on our inner beauty so our outer beauty will glow from what is within. Our first step this issue is to be radiant from proper skincare. If we feel better about ourselves, then others will feel better about us also.

First, know your skin type for proper care. The skin types are: Dry, Normal, Combination and Oily. Then apply these four steps to a good skin care routine: cleansing, exfoliating, toning and moisturizing. Here is a special tip for our more mature ladies: Don't forget to moisturize your neck because we don't want a great looking face attached to a not so great looking neck. Finally, try to get 8 hours of sleep and drink plenty of water.

Remember: Our relationship with Jesus restores our inner man and imparts beauty to our soul.

~ Lady Winsome Saunders

Foreign Missions

The First United Church of Ft Lauderdale, FL is grateful and thankful that God has granted us the opportunity to help the needy, **both home and abroad**, through our Annual Fellowship Banquet to benefit Missions.

We express our heartfelt gratitude to so many people for their continued support given to the mission ministries of the First United Church. Your last year's contributions helped us to feed over 600 families in Haiti, provide 5 full scholarships to students in Haiti, and 40 full scholarships to children in Liberia, West Africa.



Land has been purchased to build an orphanage for the children in Liberia, who have lost their parents to illnesses or have been displaced due to the war. We are hoping to also build a health clinic on the property. One of our scholarship recipients, a young lady in Liberia, is expected to be one of the first nurses to work at the clinic once she graduates from nursing school. **SO YOU SEE THE NEED IS GREAT! SO DON'T STOP GIVING. IT IS DEFINITELY FOR A WORTHY CAUSE.** Again, thanks abundantly.

~ Lady Ethel Scott

Green is the New Black:

Take a walk down the green carpet with Sis. Kimberly!

There's a reason so many people are leaning green these days. In days past it was the hobby of the rich and famous but now most are awakening to the benefits of green and how they can cash into the new Green Economy. After all, who doesn't want a home and life that's healthier, keeps energy costs and greenhouse gas emissions in check, and doesn't squander water and other natural resources?



But you don't have to figure this out on your own – I am here to guide you as you turn your not-so-new house into a dwelling that's eco-friendly and more economical to run.

Check out the exciting top ten simple ideas that can help you save money (and the planet) today.

1. Lint hint. Saving energy doesn't get any easier than this: Lower your energy bill by cleaning your clothes dryer's lint trap before every load to improve air circulation, therefore cutting down on energy-wasting drying time.
2. Power to the people. Reduce your carbon footprint (and maybe even your waistline) by using human-powered appliances and equipment. Think reel mowers, good old-fashioned manual can openers, carpet sweepers, whisks and wooden spoons instead of electric mixers.
3. Good day sunshine. On cold sunny days, open window coverings to let the sun warm your home. On hot days, close window coverings on the south and west sides to keep your home cooler.
4. Washing day. Save \$30 to \$40 per year in water heating costs by washing and rinsing clothes in cold water. You can also save more than 3,400 gallons of water per year, according to Energy Star, by washing full loads instead of partial loads.
5. Refrigerators blasted by the sun's rays or subjected to heat from an adjacent oven or heating vent have to work harder to chill your food. If possible, relocate the fridge to a cooler spot, or close window coverings to keep the sun off.
6. Rock-a-bye computer. Enabling your computer and monitor's power management features so they go into sleep mode when idle can save from \$25 to \$75 each year in energy costs, according to Energy Star. Also, turn off computers and peripherals at night.
7. Wrap it up. In the winter, room air conditioners installed in windows can be a source of cold drafts. Remove window units during cold months or insulate them with tight-fitting A/C covers, available from most local home-improvement stores.
8. Battery recycling. Recycle your old cell phones and used portable rechargeable batteries from cordless power tools, laptop computers, digital cameras and other devices. For drop-off sites, visit, rbc.org/call2recycle/dropoff.

9. Run the numbers. Use the U.S. EPA's online emissions calculator to find out how many greenhouse gas emissions your household is responsible for. Spend 10 minutes entering your data, and you'll get a rough estimate of your total CO2 emissions, plus action steps to go on a carbon diet. epa.gov/climatechange/wyacd/calculator/ind_calculator.html
10. Think globally, buy locally. Choosing a product that's harvested or made locally reduces transportation energy use and helps sustain your community's economy.



Here are 3 more tips because I am greedy for more column time and because these are absolute must dos:

11. Nix the night lights. Install motion sensors, photocell controls or timers so outdoor lights are only on when needed. Reduce light pollution and keep the night sky darker by using light fixtures that direct light downward instead of toward the sky.
12. If you have incandescent light fixtures where you can't or don't want to use compact fluorescent bulbs, install dimmer switches. Dimming shaves a bit off an incandescent bulb's energy use and makes the bulb last longer (Note: Most compact fluorescent bulbs can't be used with dimmer switches).
13. Paint your home green. The air in our homes can be two to five times more polluted than outdoor air. One of the major culprits? Volatile organic compounds, or VOCs, that are released from paint, particleboard and other home-improvement products. Most major paint manufacturers now make low-VOC paints, and some offer zero-VOC paints.

Going green is not just a fad but a play on words describing what we have always believed as children of God. We are created to be responsible stewards (*Genesis 1:28*) of what the Lord has given us leadership over and in this new generation we will not be slaves to our consumer driven culture. What is old is not second best and new shiny objects with high price tags should not be valued above all else – be blessed my sisters in Christ.

Kimberly Lewis

President, Women's Department, HUM
VP, US Green Building Council



The Perfect Shoe



I dread shoe shopping the way most women detest shopping for swimsuits. Maybe it's a reminder that I don't have the high-arch, size 7, uncomplicated feet. Maybe it's reconciling the illusion of the sultry, high fashion women who march into and out of boardrooms on television with the reality that most "sexy" shoes I have ever attempted to wear render me pretty much crippled in less than an hour. Whatever the reason, when I made up my mind that I needed a pair of new black shoes this winter, my shoe shopping adventure began.

Stage One: The Awakening

As soon as I decided that I needed a new pair of black shoes, I started to look around at other women's feet to see what looked good on them. I quickly discovered that I was the only working woman running around like a martyr in old, run-over shoes. Who knew that platforms were back in style and that Ugg boots weren't just a one season fad? Any residual guilt I felt about spending the money on myself vanished when I noticed everyday women looking fierce in 4-inch stilettos. At that point, searching for a new pair of shoes became a mandate. I definitely had to have a pair. How could I be a young married woman and send my husband out in the world each day with all of these women clad in sexy shoes, while I look like the proverbial professor (which, incidentally, I am)? The real wake-up call was realizing that when it comes to shoes both my mom and my students "run circles around me" (no pun intended).

Stage Two: The Crisis of Identity

Armed with my new observations, I headed to the mall to find this perfect pair of black shoes. Glancing into store windows, I was awe-struck by the selection. How could so many types be in style at one time? I missed the old days, when there was only one cool shoe. You either got that one type and rose to the top of the middle school social scene, or didn't (which usually happened for me) and you remained as uncool as ever. Suddenly, I longed for some Jellies or Docksidors.

Instead what I saw was 300 different types of women embodied in shoe after shoe, and none of them were quite "me." I love the Bohemian women whose colorful, embroidered shoes make a fashion statement. Not me. I love modern-day holiness women, who can be scrubbed from head to ankle, with bam "take me now shoes" on their feet. Not me either. I love the outdoors types, who always look comfortable in their wash-and wear clothes and Clarks. Arrggg...Not me! Who am I? A moment of clarity came at Towson Town Center: I needed a 2-3 inch heel, comfortable, flattering, black leather shoe with some type of flair on it: a rosette, maybe a cut-out. Shouldn't be too hard to find, right?

Stage Three: The Trade-offs



I thought I had reached a turning point in my search for the perfect shoe until I started trying on shoes and discovered that my list of wants was apparently not so easy to find. The low heels looked as homely as what I was trying to upgrade from. Those with embellishments came with a 3 1/2 inch heel that I could definitely not walk across campus in. The gorgeous to-die-for leather shoe-boots were \$120-capital N-O-T! The low heel ALDOs with the

zipper embellishment made my feet look like boats. Several promising potentials gapped on my feet, and most looked better on others than they did on me. My problem must have been that I was looking for too much in one shoe. What I really needed was two or maybe three different pairs...

Stage Four: From Honeymoon to Reality

Fast forward to two more trips to the mall, four pairs ordered online (three returned), and my husband having been drug into the process. I had accomplished my goal and was the owner of four, count 'em four, pairs of black shoes! One pair of 2 inch patent leather pointed-toe shoes for work—stylish yet functional. One pair of 4 inch leather pumps with a cut-out toe—just to keep my husband on his toes. One pair of rounded-toe 3 inch suede everyday shoes with little cut-out designs around the feet (if only they had been year-round shoes they would have been my only pair—they really are me). And one pair of satin formal shoes which were my bonus—the sale was so good until I couldn't say no and didn't realize that I needed a new formal shoe until I saw them—pair. I had accomplished my goal.



Last week I discovered that after one month of shoe preoccupation, my new, stylish, hip, sexy shoes...hurt my feet.

The Takeaway

Well, ladies, what's the point—other than hopefully giving you a few chuckles? Being a young woman in contemporary society is not easy. Every choice we make turns into an obligation to define who we are, and balancing all of these expectations is a delicate act. In one way, my quest for the perfect pair of shoes was about defining how my holiness and my youth coincided. It caused me to reckon with whether I want to be defined by my career, by current trends, or by some invisible expectation of what it means to be desirable. In the end, what initially masked itself as a liberating "make-me-over" process became a nuisance.

Can you imagine if I had spent every spare minute that I shopped for shoes reading the Bible, praying, visiting the sick, or volunteering with the elderly?

I'm glad that I only do this every few years. I like finding the perfect shoe and wearing it out. According to II Timothy 6:6-7 "Godliness with contentment is great gain. For we brought nothing into the world, and we can take nothing out of it." Let's remember that material things are only a means-to-an-end. The only perfect fit comes from our identity in Christ. His yoke is easy and his burden is light.

As for my new shoes, I've purchased all kinds of corn pads and cushions. One of these must become the almost-perfect shoe...at least for a few years.

Dr. Angela McMillan Howell is a 30 year-old assistant professor of Anthropology at Morgan State University in Baltimore, MD. In addition, she is an ordained missionary at New Life Pentecostal Ministries in Catonsville, MD. She has been born and reared in the United Church and is happy to serve the Women of Royalty.



Let's Talk Finance!

"Remember God's word is your bankbook."

SURVIVING A JOB OR FINANCIAL LOSS

"Let all that I am praise the LORD; may I never forget the good things he does for me." [Psalm 103:2 NLT](#)

Did you just receive the worst news ever and you have no Plan B? You feel like someone has just ripped your heart out. Feelings of self doubt, anger, insomnia, worries, and depression are natural emotions. It is ok to cry. Loss of a job, your home or your vehicle is no different than the loss of a loved one. You will experience the same stages of sorrow, remembrance, and reflection.*

DO:

- ✓ Encourage yourself by recalling God's promises and at all cost, keep the flame of hope alive. *Proverb 8:14 NLT*
- ✓ Remember God's word is our bankbook.
- ✓ Do not panic or give into fear. *2 Timothy 1:7*
- ✓ Create a budget, pay down debt, eliminate unnecessary spending and notify your creditors. *Ecclesiastes 7:1*
- ✓ Seek professional help if necessary and beware of scams.
- ✓ Remain a tither and a cheerful giver. *Malachi 3:10; 17*
- ✓ Investigate before you invest. *Proverb 13:11 NLT*
- ✓ Exercise and make healthier lifestyle changes.
- ✓ Spend time with positive people.
- ✓ Retool yourself, and consider a new line of work. *Phil 4:13*
- ✓ Count your blessings; pay forward a kindness. *Phil 4:18-19*
- ✓ Keep on Networking-friends and colleagues are good leads to finding a new job.
- ✓ Volunteer at a school, your church or a nursing home.

- ✓ Spend more time praying for others.
- ✓ Stay active; attend a class on information technology.
- ✓ Avoid pessimistic people, pity parties, sad movies, and news programs that constantly remind us of the negative effects of the recession.
- ✓ Visualize your future. *Jeremiah 29:11 NLT* - "For I know the plans I have for you," says the LORD. "They are plans for good and not for disaster, to give you a future and a hope."

~ Deaconess Paulette Pace



*Dr. Ann Kaiser Stearns, author of "Living Through Personal Crisis"



Diocese News

Years ago, a major art gallery sponsored a competition for painters and were offering prizes for the best painting on the subject of "Peace." The painting that won was a real surprise. It depicted a scene of the ocean in a violent storm. The sky was threatening, the lightning was flashing across the sky, and the waves were crashing into the rock walls of the cliffs by the shore. Where was the peace? You had to look twice to understand what was going on. There, about halfway up the cliff, was a bird's nest tucked into a tiny hollow in the rock. A mother bird was sitting on that nest with her little babies tucked underneath her, sleeping soundly. That was peace!

Earlier this month, the 4th Episcopal Diocese encountered a ferocious Nor'easter during its Holy Convocation. This storm had wind gusts reaching 60mph, record high tides, trees snapping, property damage, flooding and power outages. However, through this storm God demonstrated that peace is not just in the absence of the storm but in the center of it. The conference proved that the more unpredictable things are the more God makes His presence known.

Overseer Ann Newell opened the conference. She powerfully expounded on the conference theme "Moving from Glory to Glory- Perfected Glory." Following her address, a dynamic sermon entitled "An Expected Outcome" was delivered by Diocesan Bishop Lewis Stokes." Bishop and First Lady Brenda Stokes facilitated a combined workshop entitled "Surround Him With

Your Love." They also held a roundtable discussion which focused on the marriage relationship.

The conference theme for the youth was "Manifested Praise-Christ in You, The Hope of Glory." The youth workshops included "Devil Proofing Your Teenage Years 101" by Elder Craig Lewis and a Children's Christian Craft Workshop. Also, Expedited Praise and Dance Company of South Carolina had an awesome liturgical praise session.

Attending the conference was Diocesan Bishop Colie Lorick Jr., 5th Episcopal Diocese, Diocesan Bishop John M. Lewis, 1st Episcopal Diocese. National Men's President Elder Paul Brown, National Men's Vice President Elder Paul McNeil and National Women's President Co-Pastor Ernestine Lewis gave words of encouragement.

The participating ministries of the 4th Episcopal Diocese are the United Family Worship Center (Diocesan Bishop Lewis Stokes) Soul Harvest Apostolic Church (Overseer Ann T. Newell) and Endtime United Church of Jesus Christ (Pastor Joyce Washington-National Women's Vice President), also the host church of the conference.

~ Elder Thomasina Wharton



To feature highlights about your diocese in future newsletters, submit your information to ladywharton@comcast.net.

Best Buys

Would you believe that there are places that you can shop and purchase designer originals...on the cheap?

Ladies, what do you consider a "Best Buy"? Is it that designer item that you were able to purchase at 50% or 75% off the retail price? Now, that is a good buy but not necessarily the "best buy." Would you believe that there are places that you can shop and purchase designer originals, not just clothing, but jewelry (costume, 14k gold, cultured pearls), handbags (Gucci, Coach, Louie Vuitton, etc.), shoes, gifts, home furnishings (indoor/outdoor), appliances and accessories not just for yourself but your entire family on the cheap. And when I say cheap, I mean "CHEEEEEEEEEEEEEEEEEEP!"

Of course, this style of shopping requires a lot of patience, perseverance and time because these type of deals are not found in the mall or the boutique. They are found in such places as consignment shops, Good Will, Salvation Army, yard sales, nearly new shops, flea markets, etc. These are just a few examples. Of course, I know what you are thinking, feeling and saying. As the kids would say, "I am feeling you." You are thinking, "I am not wearing someone else's used or outdated clothing, or furnishing my home with cast-away furniture, or wearing discarded jewelry."

Ladies, would you believe that in these shops you can find one-of-a-kind items by major designers including Chanel, Versace, Vera Wang, Ralph Lauren, Michael Kors, and Christian Dior, to name a few. Not all items are used. Many of them are brand new with tags still attached from stores like Nordstrom, Lord & Taylor, and Saks Fifth Avenue. Furniture by Broyhill, Ashley Furniture and Italian Leather from stores such as Gardiners, Shofers, Bassetts and Ethan Allen are waiting for you.



Let me give you just a few examples of the treasures and bargains I've found:

- 👉 Two 14k diamond rings- total cost - \$5.00
- 👉 One ranch mink coat (full-length) - \$100.00
- 👉 One white mink coat (full-length) - \$50.00
- 👉 Two brand new Louie Vuitton purses - \$50.00
- 👉 Two strands of cultured pearl necklaces - \$6.00 (in original packaging)
- 👉 One 14K gold hinged bangle - \$5.00

NOW, HOW'S THAT FOR A "BEST BUY!"

~ Sis. Ethel Stewart



The Voice of Wisdom

"... we invite you to submit your questions and women's concerns..." so The Voice of Wisdom may share "...Godly words of wisdom..." with you.

Royal Greetings to you all in the powerful name of Jesus!

"Words of true wisdom are as refreshing as a bubbling brook." (Proverbs 18:4 NIV)

Over the course of my life of sixty-one years of as a preacher's wife, mother, grandmother and great-grandmother, I believe that I have experienced the fullness of the abundant life experience. These experiences have enabled me to speak life-changing words to those who need to develop a more Godly mindset in their day-to-day encounters.

Our President, Co-Pastor Ernestine Lewis, has provided me the opportunity to share with you words of wisdom from my abundant life experiences. Feel free to share with me your concerns in writing and I will endeavor to speak Godly words of wisdom to you.

May the words that I speak saturate your heart and direct your life. I look forward to hearing from you in the days ahead.

The Voice of Wisdom,

Alberta B. Saunders

Elect Lady Alberta B. Saunders

Submit your questions to: Mother Alberta B. Saunders, c/o Transformation Church, 5150 Baltimore National Pike, Baltimore, MD 21229

Holy greetings to you!

I am your humble servant, Elder Lois M. McMillan, a member of the United Church of Jesus Christ since its founding 44 years ago. I love the United Church, the late Chief Apostle, Dr. Monroe R. Saunders, Sr., and our Elect Lady, Mother Alberta B. Saunders. Much of my church demeanor, motherhood, values, service, and womanhood, I modeled from Mother Saunders' excellent example. When she served as president of the First United Church (now Transformation Church) Women's Department for 10 years, I served as her vice-president. She taught me how to be "cool" under pressure, how to be loving, gracious and kind to difficult auxiliary leaders, and how to invite the participation of all of the women in the local asse Work Street mbly.

Thus, when our president, Elder Ernestine Lewis, asked me to serve as the Junior Voice of Wisdom with Elect Lady Alberta Saunders, I gladly accepted the assignment, not because I am so very wise but rather because I love walking in Mother Saunders' shadow. What an honor!

My mother, the late Sister Ruth Bond Mickens, a woman of nobility, integrity and great wisdom was committed to the work of the ministry in our local church, in her community, and in her professional life. In this column, we invite you to submit your questions and women's concerns, and I will think of my mom, confer with Mother Saunders, and add my "junior wisdom" to answer your questions and to address your concerns.

I love you, Women of Royalty, and I eagerly await your questions.

With love,

Lois M. McMillan

Elder Lois M. McMillan

Convocation Buzz

Be the first to get the Convocation news.....

To keep you informed regarding Convocation 2010, the United Church of Jesus Christ (Apostolic) website will be the **key source** for information and updates. The latest "**buzz**" regarding Convocation can be accessed on the UCJC website. The following plans are in the works:

- Registration for Convocation 2010, beginning January 2010.
- "Start-up" Funds of \$1.00 Per Woman for WOR Program Planning by December 28, 2009.
- WOR "Meet and Greet Breakfast" for Local Women's Presidents and Diocese Women's Presidents.
- WOR Luncheon Registration (Women- Age 23 and above).
- One-Day Pastors and Leaders Conference Registration.
- Women's Choir News including Music Selections, Rehearsal Schedule, and Attire
- Youth Events - Registration and Permission Forms.

There will be a roll call of churches in each diocese during the WOR Conference. To acknowledge the participation of the ladies from each diocese, we are asking each diocese leader to bring to the National Convocation, a well-designed **banner** posted on a stand that will have the names of all churches within the diocese.

Banners should be colorful and adequately displaying the diocese and the names of its churches. The display of banners will occur during the day and evening services. They are a visible sign of the joy, enthusiasm and togetherness we have for Women's Ministry in *The United Church of Jesus Christ (Apostolic)*.



On the Lighter Side

BIBLICAL HUMOR...

Q. What kind of man was Boaz before he married Ruth?

A. Ruthless

Q. What do they call pastors in Germany?

A. German Shepherds

Q. Who was the greatest financier in the Bible?

A. Noah – he was floating his stock while everyone else was in liquidation.

Q. Who was the greatest female financier in the Bible?

A. Pharaoh's daughter – she went down to the bank of the Nile and drew out a little prophet.

Q. What kind of motor vehicles are in the Bible?

A. Jehovah drove Adam and Eve out of the Garden in a Fury. David's Triumph was heard throughout the land... Also, probably a Honda, because the apostles were all in one Accord.

Q. Which Bible character had no parents?

A. Joshua, son of Nun.

Q. Which servant of God was the most flagrant lawbreaker?

A. Moses – he broke all Ten Commandments at once.

IBC Perspectives – Vol. 19, No. 9

The Executive Board

Co-Pastor Ernestine Lewis — President

Pastor Joyce Washington — Vice President

Evangelist Patricia Watson

Elder Thomasina Wharton

Missionary Marcia Bond Redmond

Missionary Angela McMillan Howell, Ph.D.

Lady Winsome Saunders, Advisor

Support Staff

Co-Pastor Justine Claxton, Chaplain

Mary Lorick Bostick, Corresponding Secretary

Kimberly Lewis, Recording Secretary

Desiree Jones, Public Relations

Lady Ethel Scott, Finance Chairperson

First Lady Beverly Grubb, Finance Co-Chairperson

Deaconess Paulette Pace, Hospitality

Marcia Boardley, Publicity