#### Optimum Living for the Spirit-Led Woman!



## A Tribute To Our Elect Lady

**By Elder Lois McMillan** 

This issue of *Insight* is dedicated to Elect Lady, Mother Alberta Brockington Saunders who celebrated her 80th birthday on March 15, 2011, the date on which her deceased parents Deacon McNeil and Mother Eloise Brockington welcomed their daughter into their lives as their fifth and last child. Young Alberta was the joy of her parents' lives. By day, she observed her mother's piety, love for her father, and excellent housekeeping and cooking skills. During the evenings and on the weekends, she accompanied her "daddy" to prayer meetings, to hospitals to pray for the sick, and to Brockington family gatherings.

By the time she turned seventeen

years old, the high school student, Alberta, had blossomed into a lovely, prayerful, mature, and industrious young lady. During this period in her life, our late Chief Apostle, Dr. Monroe R. Saunders, Sr. was an energetic, onfire twenty eight year old young preacher who was ministering in their church, The Church of God in Christ #6. He often enjoyed telling family the story of their courtship. According to his narrative, on one particular night when Holy Communion was being served, virtuous Alberta came to the altar and knelt waiting to be served the sacred elements. When Minister Monroe approached the altar to serve her the Holy Communion, he saw a halo shining over her head. He said that the spirit spoke to him and said that this young lady was to become his wife. The custom in the 1940's was that young men sought permission to court and to marry a Christian young woman from her father (and mother) and from the pastor. Their pastor and her father, Deacon McNeil Brockington,

granted Monroe R. Saunders permission to court and to marry Alberta Brockington.

Elect Lady Alberta Brockington Saunders and the late Chief Apostle Monroe R. Saunders, Sr. were united in Holy Matrimony on July 31, 1947. This blissful union lasted for sixty-one



years. Together, they demonstrated for their parishioners romantic, committed love. They lived the love essentials outlined by the Apostle Paul in 1st Corinthians, chapter 13. This God ordained couple was blessed with six children: Dr. Monroe R. Saunders, Jr., Presiding Bishop of The United Church of Jesus Christ, Apostolic, and Pastor of the Transformation Church of Jesus Christ; Elder Jacqueline F.

Johnson, Pastor of New Jerusalem Deliverance Temple and Educator; Elder "Queen" Esther Faulkner, Pastor of New Life Pentecostal Ministries and Recording Artist; Mr. A. Jason Saunders, Events Planner; Mrs. Rachael Rawlings, Educator and Rehabilitation Counselor; and, Ms. Judith S. Jones, Vice

Principal in Carroll County, Maryland, and spiritual playwright.

In her role as mother, Elect Lady Alberta B. Saunders reared her six children in the fear and admonition of the Lord. While her young husband served his church as choir director, editor-in-chief of the church's newspaper, assistant pastor, and National Youth President, Lady Saunders, with love and creativity, provided a tranquil and an elegant home environment for her family. She held the reins of the family, teaching her children, at all times, to represent God and family in a respectable manner. She was the parent who daily supervised home assignments and car pooled her children to school and to extracurricular activities. And by example, she modeled the importance of continuous intellectual growth by finding the time to matriculate at Morgan State University as a Consumer Science major. In the meantime, her husband, Elder Monroe R. Saunders, Sr., who was pastor of the Rehoboth Church of God in Christ,

Apostolic in Washington, D.C., was consecrated Bishop, founded the United Church of Jesus Christ, Apostolic, earned a Doctor of Ministry degree from the Howard University School of Divinity, and in his later years was anointed Chief Apostle of The United Church of Jesus Christ, Apostolic. The late Dr. Monroe R. Saunders, Sr.'s strides in ministry were phenomenal; his ministerial accomplishments were stellar. The late Chief

# Happy 80th Birthslay Elect Lady Allerta Brockington Paunders

Apostle always credited his dear wife for undergirding him as he attained his many successes. She served as his cheerleader, encouraging him with deeds of kindness, and words of love, while upholding him with fervent prayer. The youthful bride, Alberta, evolved into a seasoned wife, mother, and spiritual leader.

In the 1970's, Elect Lady Alberta B. Saunders, in the midst of her intimate, spiritual journey into the deeper realms of the spirit, founded the Abundant Life and Light Retreat Ministry. Initially, this retreat ministry bade women to come away from the routine duties

of life to spend time alone with God. For over thirty years, Mother Saunders has served as the Retreat's spiritual midwife who delivers new babes in Christ. Under her guidance, many "retreatants" have been filled with the Holy Ghost. Others supernaturally have

been delivered from addictions, negative behaviors, and spiritual darkness. "Elect Lady's" Retreat Ministry has functioned as a "Holy Ghost Birthing Suite" for men, women, and youth who desire a deeper walk with God and for people from all walks of life who need inner healing. Mother Alberta B. Saunders is being honored in this issue of Insight as our Spiritual Midwife of Power and Anointing. Further, Elect Lady Alberta B. Saunders for many years assisted her late husband in myriad areas of his ministry: counseling, teaching, broadcast ministry and sick and shut-in ministry.

Her many involvements and offices in the United Church of Jesus Christ include: Advisor and President, National Women's Department; Advisor, Ministers', Deacons' Wives Auxiliary; Counselor and Advisor, The Transformation Church Youth Department and the Transformation Church Women's Department. She is President of the Spiritual Resource Committee, one of her favorite auxiliaries. "Elect Lady" loves "her seniors." She visits and encourages the old pioneers in the faith, letting them know that they are valuable and loved.

Happy 80<sup>th</sup> Birthday, Elect Lady, Mother Alberta Brockington Saunders. You have gracefully, and with great purpose, fully lived your 80 years. You have established yourself as a mother in

> Zion. The young, lovely bride flourished! At age 80 years old, you are still the ultimate pastor's wife, an anointed Retreat founder

Insight celebrates you because you generously shared with us, your husband, the late Chief Apostle Monroe R. Saunders, Sr. Your devotion to your late husband, to your biological children, to your adopted children, and to The United Church Family is appreciated by all of us.

Finally, *Insight* salutes you because you have maintained your inner beauty and your outer beauty for 80

years! Your inner beauty motivates you, still, at the youthful age of 80,

to welcome young people into your home to receive a home cooked meal and to listen to your words of wisdom. As always, you are a fabulous hostess, gourmet chef, and exquisite entertainer. Your crab balls, Chinese chicken, collard greens, sweet potatoes, and butter pound cake are just

delectables savored by your guests. Your outer beauty is striking! It is modest, yet stunning and fashionable! Who can wear a designer hat like Elect Lady Alberta B. Saunders?

a few of your culinary

Long live our Queen! Elect Lady, Mother Alberta Brockington Saunders, you are the embodiment of the quintessential woman who is lauded in Proverbs 31<sup>st</sup> chapter, verses 29, 30:

Many daughters have done virtuously, but thou excellest them all.

Favour is deceitful, beauty is vain: but a woman that feareth the Lord, she shall be praised.

You excel them all!



and leader, a wise counselor, a gifted teacher and preacher, a world traveler and a warm friend. *Insight* celebrates your six decades of dedicated service to the Body of Christ. Also,

#### I Only Have a Minute

By Ethel Stewart

Psalms 90:9-12 teaches us the following: For all our days are passed away in thy wrath: we spend our years as a tale that is told. The days of our years are threescore years and ten; and if by reason of strength they be fourscore years, yet is their strength labour and sorrow; for it is soon cut off, and we fly away. Who knoweth the power of thine anger? Even according to thy fear, so is thy wrath. So teach us to number our days, that we may apply our hearts unto wisdom(KJV).

Ladies, what does it mean to "number our days"? How crucial are these words as we experience in our lives the swiftness of time? It is important that we "live in the moment,"

using time more effectively and efficiently. This means using every second to know and better understand that God and life are one. It means enjoying every moment of life spent with family and friends, caring, sharing, loving and



discovering that we are more similar than different. It also means to understand those things that can and cannot be changed and learning to appreciate the differences. It is imperative that we not waste time being angry, uncaring and unforgiving; understanding that time and life are illusive and short lived. Ladies, we must learn to "seize the moment" and be diligent in it. Let us enjoy and apply the wisdom of the words in the following poem (author unknown).

#### **I ONLY HAVE A MINUTE**

I only have a minute Sixty seconds in it Forced upon me Couldn't refuse it Didn't seek it Didn't choose it

But it's up to me to use it I must suffer if I lose it Give an account if I abuse it Just a tiny little minute But eternity is in it.

#### Women and Stress

By Aliya Jones, M.D.

Greetings Women of Royalty!

Stress is a normal part of life, and can be both positive ("eustress", ie. having a new baby, starting a new job) and negative ("distress", ie. suffering from a loss/death, being terminated from a job, infertility, being in a violent relationship). Stress is unavoidable.

Poorly managed, stress can lead to problems with physical health (as previously mentioned), substance abuse, social isolation/loneliness, disruption of family/religious values/ties and loss of strong social support, in addition to many other problems.

Some signs of chronic distress include:

changes in weight, sleep disturbances, sexual problems, anxiety, forgetfulness, poor concentration and anger, feeling tense, difficulty making decisions, negative thinking, depression, hair loss, obesity, aches and pains, nausea, moodiness, agitation, sense of loneliness, worsening of current/chronic medical problems, and changes in menstrual patterns. These are only a few signs - a complete list would be

practically unending. When stress lingers for long periods of time (weeks/months/years) and we give way to chronic negativistic and/or fearful thinking we can develop problems with depression and anxiety. Distress can make us self-destruct.

Don't be discouraged, for there is hope! There are many ways to manage/reduce stress and increase your resilience (the ability to recover after a stress). Know your limits, and/ or set a limit on what you can/not do. Establish better boundaries between work and personal and church-life. Confront your stress, and remove the stressors that you can remove. Consider getting a pet. Maintain a positive attitude. Pray and meditate. Get into the habit of doing daily devotions. Maintain a healthy diet. Do things that are enjoyable for you. Don't be afraid to seek help or therapy if you feel you need help getting back into balance. Try aroma therapy. These are only a few tools for reducing stress; there are many more. One of the most effective things that you can do is keep going to church/worship. The more spiritually active we are, the more we can benefit, provided we maintain life balance.

I encourage you to read informative books about stress management. At a minimum do an internet search, there is wonderful information out there. God's blessings. Be happy and be well.



#### **Money Talk**

How to Manage Your Financial Future By Missionary Marcia Redway-Bond

Planning your future is one of the most important decisions you could make for yourself and your family. That is why we should be very wise as to how we spend money.

In our society most people make the same basic financial mistakes:

- Lack of planning
- Lack of knowledge about the way savings and investments work
- Depend on "someone else" to be responsible for their financial future
- Procrastination

#### What's My Game Plan?

- · Pay yourself first
- Pay your tithes faithfully
- · Establish an emergency fund
- Buy the right life insurance
- Invest with a professional investment firm
- Avoid the credit trap, "plastic money"
- Set annual financial goals; have a budget
- Borrow only what you need and can afford

You are what you believe. Put your faith in action; you have the key to your financial destiny. Take control of your finances today!

Financially unfit = spiritually unbalanced

## Every Woman Needs a Sabbatical

Isaiah 40:31

By Lady Winsome R. Saunders

Have you ever heard the expression "speed kills?" We know it was in reference to driving; but if we don't manage the velocity of modern life, it will age us before our time, and because of the effects of stress, it may even kill.

Harried lives can bring on heart attacks, strokes, high blood pressure and the escalation of other diseases. As women of God we must take the time to renew if we are to be effective in home. church, and community. Running on empty will surely start to reveal areas of fatigue in our lives. We manifest symptoms of empty tanks by feeling overwhelmed, tired and struggling to catch up. If you don't energize as quickly as you use to, and it doesn't seem that any relief is coming your way - this will lead to burn out!

We have full calendars, laundry overflowing, piles of paperwork and bills, appointments, carpooling, meetings, projects, church services, rehearsals and the list goes on. As I took some time to reflect and assess my own life, I did some research on the eagle, a bird mentioned 39 times in the Bible. We can learn so much from this majestic creation of God.

As the eagle goes through the different stages and development of its growth, there are times when it must find a secret place and shed its old heavy damaged feathers and wait for new growth.

We too must deliberately make the time, even if it is just 10 -15 minutes a day to be alone.

A sabbatical is a period of rest where we can connect to our source and shed some of the weights of life, unhealthy schedules and issues, and allow the spirit to download into us extra grace, courage and strength for the day. There are also times when we must retreat completely. Sabbaths afford us time to refresh and restore the soul. The Psalmist states that the Lord "...makes me to lie down in green pastures. He leads me beside still waters, He restores my soul" (Psalms 23:2 - 3a ESV)

We will find that if we tap into our spiritual rest, and shed the weights that burden us down, we will be able to mount up as eagles. Eagles were created to soar; they do not flap their wings; they find a high perch or a ledge and they wait. They wait for the right wind currents to come. There is a special "up-going-wind" and they ride it as it circles higher and higher; they soar above the storms. Ps. 103:5 states, "Who satisfies your desires with good things so that your youth is renewed like the eagles." NIV

Remember, as you are speeding through your days you must find the time to rest and wait; wait to find the current of the spirit that will take you higher and higher to new spiritual heights. As you go higher your perception will change. You will also learn that as you wait on Him, His strength will give you the power to live and balance and not faint!



Vitamins are designed to keep us healthy and functioning at our optimum capacity. They are supplements that we take because our diet intake does not supply us with the minimum daily requirement of nutrients necessary to keep us healthy and well. God is concerned about our natural and spiritual health because it is written, "Dear friend, I pray that you enjoy good health and that all may go well with you, even as your soul is getting along well" (III John 2, NIV). Therefore, it is clear that God wants us to be healthy in both body and spirit.

There are a number of vitamins available on the market today which may improve whatever our health deficiency is. And there are a number of "spiritual vitamins" that we can use to improve and maintain good spiritual health such as prayer, Bible reading, fasting, being still, etc. I would like to suggest that the spiritual vitamin of joy should be "taken" several times daily to promote good spiritual health and strength for our journey.

Rejoice by definition means to be jubilant, happy, joyful, glad, delighted, merry, and full of spirit. Most of the words I have chosen (and there are so many more) are those we find in the Bible. The root of rejoice is joy. In order to rejoice we must have joy. Joy is a fruit of the Spirit and fruit provide nourishment for the body. Notice that God did not call them elements of the spirit or objects of the spirit, but fruit of the Spirit. God always says what he means and means what he says. He wants our spirit to be sufficiently furnished for the good work he has called us to.

One of the most repeated commands of the Bible is to rejoice. We need joy in order to rejoice. Joy is closely related to praise and praise involves music, singing, dancing, clapping and shouting. Can you sense the spirit of rejoicing as your read those words? Surely there are days of trouble which come our way but when they arrive, we should cast them on the Lord.

Learn to laugh at yourself, laugh with your children, laugh with your spouse, close friends, even strangers. Laugh out loud (lol); you will be surprised how much better you feel. Nehemiah 8:10b puts it this way, "For the joy of the Lord is your strength." Proverbs 17:22a says this, "A merry heart doeth good like a medicine." Rejoice O daughters of Zion and again I say rejoice!!!



# Learn to laugh at yourself...

...His strength will give you power to live and balance and not faint!

# "Technology: My Friend?"

The change I resisted was the key to my blessing. I just had to be flexible enough to take the key and unlock the door. What change are you resisting today?

By Missionary Angela McMillan Howell, PH.D.

I would typically say that if there is one thing that I'm good at, it's embracing change. For example, I've lived in four states: Maryland, Rhode Island, Pennsylvania, and Alabama and enjoyed each of them. While I treasured my single independence, now I love being married. And, on September 28, 2010, I became a mother for the first time. For me, this was the ultimate test of my flexibility. And sure enough, I find motherhood to be exhilarating. I'm even growing to love...like...well, cheerfully accept...my stretch marks.

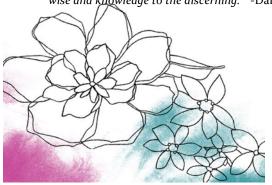
If I am honest, the one exception to my general positive attitude toward change centers around technology. I frustrate easily when faced with gadgets, smart phones, and new software. And when it comes to social media, I'm one of what the Washington Post has coined the modern day "refuseniks," the few members of American society who do not participate in "Facebook culture." Perhaps because I am an anthropologist, I generally find the best interactions to be up close and personal. Therefore, I typically reserve my time and energy for my close family and friends.

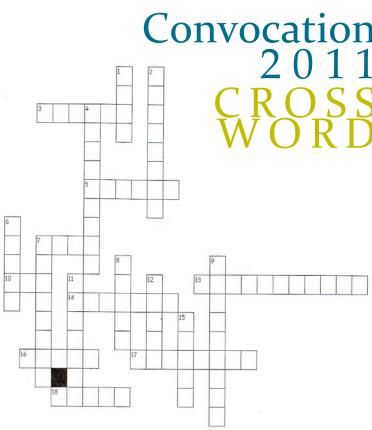
Ironically, however, the most intimate of interactions—having and raising a baby girl—has driven me to confront my technological stubbornness. These days, my schedule has become a finely tuned machine (as all mothers understand). I simply have to do more with less time. As a result, I have turned to Blackboard, an online course management system, which allows me to remotely communicate with my students by posting announcements, putting students in groups, grading and returning assignments, and more.

I can't believe I'm writing this, but Blackboard has become my best friend. It really has streamlined my life. I'm no longer schlepping student papers around all of the time. I also don't have to repeat myself 3,000 times in class, and no student can feign ignorance on any major announcement. As a result of my recent success with Blackboard, I even signed up for an online course development workshop!

Will I ever join Facebook? I doubt it. But I have learned a valuable lesson. The change I resisted was the key to my blessing. I just had to be flexible enough to take the key and unlock the door. What change are you resisting today?

Praise be to the name of God for ever and ever; wisdom and power are his. He changes times and seasons...He gives wisdom to the wise and knowledge to the discerning." -Daniel 2: 20-21





#### Across

- 3. "Having A Love \_\_\_\_ Heart"
- 5. governing official
- 7. God is \_ \_ \_ \_
- 10. head of the household
- 13. once a year gathering
- 14. name of newsletter
- 16. mothers in Zion
- 17. messenger
- 18. muscle in the body

#### Down

- 1. color for women's night
- 2. the act of serving
- 4. series of skits
- 6. the topic of convocation
- 7. eat, meet, and talk about Jesus
- 8. togetherness
- 9. classes to study the Word
- 11. district of churches
- 12. sings praises to the Lord
- 15. color for women's night

Crossword Answers on Page 7



"What struck me the most about the Haitian people was that they seemed so resilient. From their attitude and disposition, it was hard to believe that they had gone through the most devastating earthquake that had ever hit their country."

On December 27, 2010, I had the opportunity to travel to Haiti for the first time accompanied by my husband, Bishop Izett Scott. Although I wanted to go to Haiti, I was apprehensive because of the dire situations that were constantly being displayed on the TV. When we landed in the capital, Port-au-Prince, we saw an extremely dirty, crowded town. The air was polluted because of

burning trash and debris that was everywhere. People were moving around in good spirits as if the earthquake had never taken place. They were selling various items on the streets and children were begging. It made me think, "What happened to all the money that was raised from the United States and other countries for Haiti, and why was Port-au-Prince still in ruins?" It appeared that nothing had been done to improve this place after the earthquake, with one exception; I saw little oneroom houses that the Red Cross had built. God bless the Red Cross.



I observed people still living in tent cities. The tents were so close to each other that you could not walk between them. There was no privacy. The people were

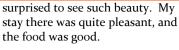


busy moving about doing their daily chores as usual. Everything was done on the outside: cooking, bathing, washing of clothes, and portable toilets were set up. What struck me the most about the Haitian people was that they seemed so resilient. From their attitude and disposition, it was hard to believe that they had gone through the most devastating earthquake that had ever hit their country.

Their roads were full of pot holes and broken concrete; however, the people somehow maneuver and drive on them. Our destination was Cottrelle where our church is located. Once we got out of Port-au-Prince, the road conditions improved, although going around the mountains was extremely winding. We got to the airport safely.

From the airport to Cottrelle was about three hours or more.

Once again the drive was on terrible road conditions. If the roads were any indication of what the hotel would be like, we would possibly have thought of turning around and heading back home. However, to our surprise, the hotel was beautiful. One would ask why they would put a picturesque hotel off such a terrible road. We learned that this road had nothing to do with the earthquake. The hotel overlooked the Caribbean Sea, with palm trees and a very mountainous view. I was surprised to see such beauty. My





While we were there, we went to church each night. The people really love the Lord; plus, it gave them someplace to go each night because they have no malls, restaurants, parks...

At the church, our interpreters were Minister and Deacon Oberpert Petion, members of our Fort Lauderdale church. They, of course, spoke English and French Creole. The services were wonderful.



The container that was sent there prior to our visit was stationed right in front of the church. The items in the container had been shared with the church members and with surrounding neighbors. They were overjoyed and happy.

While we were in Cottrelle, Bishop Scott performed a wedding of an elderly couple. When the couple came to know the Lord, the pastor told them that they could no longer live together without holy matrimony. This was the couple Bishop Scott married and all went well.



My trip to Haiti, with all its adverse conditions, was well worth it. I would go again. I can only say,"To God be the glory, great things He hath done!"

### THE POWER OF SOCIAL NETWORKING: Who Have You liberated Lately?

By Jennifer Watson, JD

According to author Marianne Williamson "Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure.... We were born to make manifest the glory of God that is within us... As we are liberated from our own fear, our presence automatically liberates others." The question thus becomes: who have you liberated lately?

The urgent call of the Spirit of God incessantly seeks true worshippers—the remnant of this generation. God is calling for worship, but not as we traditionally see it manifested. He is moving beyond the lifting of hands and songs sung during Sunday morning service, and looking for His children who will instead lift their consecrated lives in commitment to seeing God's kingdom come, God's will be done—on this earth, in our lives, in us. Oh God, as perfectly as it is in heaven. This type of worship requires us to manifest Matthew 6:3 daily—forsaking self and believing God to be God and fulfill His Word.

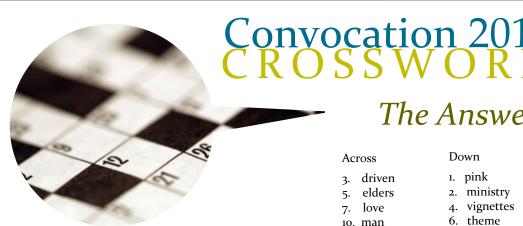
While this call applies to the general body of Christ, I am sure many of us have noticed the Spirit is truly moving in the younger generation. God is picking out His peculiar people in whom He has already begun to do a new thing. I see the hunger and the thirsting of our young adults

as they seek God in our churches. More importantly, I see young adults who manifest their desires consistently outside of church via the power of social networking. I see their earnest desire on their Facebook pages as they boldly declare, to hundreds of people at a time, the mighty works and wonderful nature of Almighty God. Does this make them perfect and incapable of making mistakes? Heavens no! However, it is time to remove the fear of failure that we have allowed to shackle and constrain us from achieving our purpose in God. How many older adults have the opportunity to reach and witness to hundreds of souls on a daily basis? Even if given the opportunity, would they even know how to do so effectively? But "this is the generation of them that seek him, that seek thy face, O Jacob!" Let us, therefore, all move from fear to faith—liberating others as we manifest God's glory on earth, using the resources that this information age puts at our disposal.

A Return To Love: Reflections on the Principles of A Course in Miracles, Harper Collins, 1992. From Chapter 7, Section 3 (Pg. 190-191).

<sup>2</sup> Psalm 24:6

"...We were born to make manifest the glory of God that is within us... As we are liberated from our own fear, our presence automatically liberates others."



#### **Editorial Policy**

Due to the number of articles submitted to INSIGHT, it is necessary to establish policies regarding those selected for publication. The editorial board reserves the right to accept, correct, modify, adjust content, request re-submission, and/or withdraw an article in an effort to provide its readers relevant, accurate and substantive material.

## The Answers

#### Across

- driven
- elders
- love
- 10. man
- 13. convocation
- 14. Insight
- 16. women
- 17. preacher
- 18. heart

#### Down

- 1. pink
- 2. ministry
- vignettes
- 6. theme
- luncheon
- 8. unite
- 9. workshops
- 11. diocese
- 12. choir
- 15. black

# **Convocation Buzz**

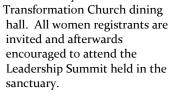
#### By Co-Pastor Ernestine Lewis, WOR President

What's the word being passed around regarding Convocation 2011 events, attire and colors? Have you heard the words "economic sensitivity?" If you registered online before April 1st, you paid the low rate of \$55. Missed that date, then pay before June 1st at the rate of \$75 or otherwise, pay \$95 for "dragging your feet."

Looking for hotel accommodations? Try the Radisson Hotel at Cross Keys. It's closest to the conference church site, has great amenities, and is cost effective. Who's hosting the 45th UCJC Convocation this year? We are returning to the spacious and hospitable Shiloh Baptist Church located at 2100 North Monroe Street in Baltimore, Maryland.

How will we kick off the WOR Conference? Well, an amazing "Meet and Greet" complimentary breakfast has been planned for 9

a.m. Wednesday in the



Evening services will be held at the Shiloh Baptist Church beginning at 6:30 p.m. A 100voice UCJC National Women's Choir will open the Wednesday evening service with vibrant and

anointed singing. Dr. Jacqueline E. McCullough, Pastor of the International Gathering at Beth Rapha in Pomona, New York will

bring a lifechanging, aweinspiring Word of deliverance, restoration and challenge. No one would want to miss the initial night of the Convocation.

Attire for Wednesday evening is simply shades of pink, black, or a combination of pink and black. Business casual is appropriate for day services, and pastel colors are to be worn at Friday's luncheon. Ladies, it's in your closet. Try recycling.

What's on the WOR agenda for Thursday and Friday? There will be dramatic presentations, panel discussions, luncheon, a guest speaker, and table talk. Everyone will be involved. However, please be aware that the cost of the luncheon is not included in registration, but is reasonably priced at \$35.

Listen carefully and you will hear these buzz words circulating: unity, economic sensitivity, simplicity, authentic worship, caring, sharing, and compassion. BE there!!!

# Have you heard the words "economic sensitivity?"





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