

Tribute to Mother Calvertia M. Hoskins

By Elder Lois McMillan

Mother M. Calvertia Hoskins has been a faithful, dedicated member of the United Church of Jesus Christ, Apostolic for over forty years. Mother Hoskins "love affair" with the United Church of Jesus Christ, Apostolic began in the 1940's. Her father, the late Deacon Zellers Berry and his late wife, Mother Edith Berry, held Bible study and prayer meetings in their home. This band of Bible-believing, praying saints evolved into what we know today as Calvary United Church in Sunderland, Maryland. The late Chief Apostle, Dr. Monroe R. Saunders, Sr., traveled to Calvert County during the early years to preach, teach, and participate in prayer meetings. The ties between the Berry family and the Saunders family have

been lasting and precious for over fifty years of fellowship. Bishop Lincoln Berry, Mother Hoskins' youngest brother, served as pastor of Calvary United church for over forty years, until God called him home.

INSIGHT deems it fitting and the proper time to honor and to recognize the tremendous contributions of our foremother, trail blazer, and Holy Mother in Zion, Mother Calvertia M. Hoskins, a leader who gave generously of her time and talent to promote the growth of the United Church Women's Ministry. One of the hallmarks of Mother Hoskins' leadership was her pleasant disposition that made all women, young and old, feel loved, appreciated and important in her ministry programs. She founded and

published the first Women's Newsletter that addressed women's issues, offered advice, featured recipes and recorded testimonies of healing and deliverance.

INSIGHT lauds Mother Calvertia as our first Women's Council President, innovator, motivator and lover of God's women. We thank Mother Hoskins' adult children for sharing her with us for so many years. Especially, we thank her daughters who labored in ministry with their mother: Sister Jeanette H. Smith, Sister Esther Crawford and Sister Rosetta H. Cummings.

Mother Hoskins' service to the United Church of Jesus Christ, Apostolic has been stellar and exemplary. INSIGHT honors and remembers Mother Calvertia M. Hoskins.

INSIDE THIS ISSUE:

Tribute to Mother Hoskins.....1	Spiritual Vitamin: Be Still.....5	Recipe Corner.....8
Biographical Sketch: Mother Calvertia M. Hoskins.....2	How to Be Chic But Modest.....5	The Power of the Pen.....9
Life's Seasons.....3	Christian Moms.....6	Helping Haiti.....9
FLASHBACK!!!.....4	On the Light Side.....7	Obey God...Mind, Body & Spirit.....10
	Wrapped In Reading.....8	

A Biographical Sketch of Mother Calvertia M. Hoskins

National President Emeritus
National Women's Council
United Church of Jesus Christ (Apostolic)

By Rosetta Cummings
Daughter

Give her the fruit of her hand, and let her
own works praise her in the gates.
~Proverbs 31:31

Mother Calvertia McPherson Hoskins was born and reared in Calvert County, Maryland. She is the daughter of the late Zellers and Edith Berry.

Mother Hoskins attended Plum Point and Dares Elementary Schools, and graduated from Central High School, Calvert County, Maryland. After completion of high school, she continued her studies at Bowie State Teacher's College, Bowie, Maryland and Morgan State College/University, Baltimore, Maryland, where she majored in Elementary Education and graduated with honors. After college, she went back to her home and taught elementary students in the public school system for Calvert County, Maryland.

During the course of time, from childhood to adulthood, Mother Hoskins was brought up in a God-fearing home. Being reared in a family believing in a Christian life, she attended Sunday School and church at Plum Point Methodist Church, Plum Point, Maryland. She came into the ark of holiness during a time when her mother held services in their family home.

Mother Hoskins was married to the late Elder John H. Hoskins and from this union six children were born. Embracing the roles of wife, mother and pastor's wife also afforded her the opportunity of being among people whom she was akin to and enjoyed. She believes in "putting her hands to the plow," so to speak, and in doing so, she worked diligently and faithfully by her husband's side until his untimely death in May, 1960. However, before his death, she served and

ministered with him in The Church of Our Lord Jesus Christ, North Carolina. Mother Hoskins often kept a low profile, but, of course, she was accustomed to giving of herself, both in the natural and spiritual sense.

Mother Hoskins held numerous leadership positions in The Church of Our Lord Jesus Christ. Just to name a few—Secretary of the Women's Department, for the State of North Carolina, Missionary (appointed by the late, Bishop R. C. Lawson), assisted in coordinating the National Women's Council Department, for the State of North Carolina, (under the devout leadership of the late Mother Delphia Perry).



Following the death of Mother Hoskins' husband, being a young widow and mother of six children, life's natural situations were somewhat shaken. Therefore, her father encouraged her to move to Washington, DC to be closer to other family members. In view of her father's encouragement, in late summer of 1960, Mother Hoskins and her children, moved to Washington, DC.

After moving to Washington, DC, she was fellowshipped into Rehoboth Church, Washington, DC, under the pastorate of the late, Chief Apostle Bishop Monroe R. Saunders, Sr. Presently, she is a member of First United Church of Jesus Christ (Apostolic), Washington, DC, under the pastorate of Bishop Charles B. Burroughs, Sr., and has served faithfully and diligently in leadership in her local church.

In 1967, the late Chief Apostle, Bishop Monroe R. Saunders, Sr., and the Board of Bishops, decided it was time for the organization to expand for the spiritual growth of the Christian women of the church. Thus, at the June 1967 National Convocation, the Board of Bishops appointed Mother Hoskins President of the National Women's Council; and she was charged with establishing the National Women's Council of the United Church of Jesus Christ (Apostolic).

With a thankful heart, Mother Hoskins expressed gratitude to God for allowing the 'first' National Women's Council to convene in Philadelphia, Pennsylvania in November 1967. As the pioneer, there has and continues to be considerable growth and support as a result of her vision and leadership for seventeen years (1967-1984). During her leadership, some of the ministries included—Executive Board, Deacons, Ministers and Officers Wives, Advisory Board, Missionaries, Women's Newsletter, Women's Choir and Ushers.

Mother Hoskins has not just been a "church worker." Her life encompasses a plethora of accomplishments. She's a beautiful seamstress and has sewn most of her clothing, as well as clothes for other people, including wedding gowns and formal attire; church altar coverings; and upholstered furniture. Mother Hoskins is an excellent cook—especially her famous 7-Up cake; delicious meatloaf and homemade rolls.

To close, but not finish, Mother Hoskins is known for her love for the Lord, beautiful and spirited personality. She is loved and respected by all who come to know her. She continues to live her life with dignity and spirit while enjoying a respite lifestyle in Central Virginia near her family. The beautiful part of it all, she has her life in God's hand and strives to please him.

*"... but a woman that fears the
Lord, she shall be praised."
Proverbs 31:30 NKJV*

Life's Seasons

By Co-Pastor Ernestine Lewis
WOR President

"To everything there is a season, and a time to every purpose under the heaven." Ecclesiastes 3:1-KJV

All of us pass through many seasons in life. Currently, we are in what the world calls, the holiday season. Actually, it is the season in which all of Christendom celebrates the birth of Christ. We acknowledge that Jesus, the Son of God, was born and that his birth was significant to every man, signifying joy and peace. However, there are other seasons as well. Nature brings us seasons of spring, summer, fall, and winter. These seasons move slowly and are characterized by both changes and challenges.

In the midst of nature's seasons, human life and spiritual life manifest similar seasons beginning with infancy, progressing to childhood, adolescence, adulthood, marriage, mid-life, and ending in old age. They both work in much the same way in that each season comprises smaller segments or stages that must be completed to move forward.

For example, in the natural, the season of infancy involves a baby being held, sitting up with support, without support, pulling up with support, without support, crawling and then standing on one's own. It is at this point that the child becomes a toddler and begins to move into the early phase of childhood.

When a believer is in spiritual infancy, she is as dependent as a baby in the natural. She will need someone to pray for her, share and explain the Word, and point out how God is moving and intervening in her life through the daily happenings in her life. She will need support.

Under no circumstances should the new believer remain a babe. God expects her to grow and progress through the various seasons of life, both naturally and spiritually. Since every stage is important and needed, she cannot skip a stage if she wants to be healthy and whole.



She must also be aware that the enemy will try to thwart the plan of God in each of her seasons. Sometimes he will wage his attack while she is a babe in the womb or during her early childhood years. He may use disease, abuse, accidents, and unusual circumstances while at other times, he may try to influence family members and friends to frustrate and impede her divine destiny. Even if the enemy causes physical, emotional, and spiritual deficiencies in her life, she knows that God can heal and restore believers so that His divine purpose is accomplished. The scripture encourages us with these words, "that all things work together for good to them that love God..." (Romans 8:28-KJV).

In the natural, a certain chronological age is associated with various life seasons, but in the spiritual one can progress to the next season as growth is manifested in the believer's relationship with God. No one wants to find herself as a senior chronologically and as a child spiritually, especially after decades of being a Christian. St. Paul says in I Corinthians 3:2 -NIV, "I gave you milk, not solid food, for you were not yet ready for it. Indeed, you are still not ready." Instead, the believer should strive for the reverse, to be young chronologically, while experiencing

significant spiritual growth. This can happen if the believer cultivates the spiritual disciplines (habits) which foster intimacy with God. Know that God is not bound by time, so when one makes the necessary spiritual progress, God will move that person into the next spiritual season, regardless of age.

It is most important that every believer recognizes the season she is in currently and its characteristics so she can gauge her own spiritual progress. Just as an individual would want to act her age in the natural, she should also desire to act her age spiritually by handling life's situations appropriately, without anxiety and apprehension, so as not to stunt her spiritual growth and progress.

Lastly, be aware that the enemy will tempt a believer to move to her next season before she is ready, or will try to keep her in the present season because it is comfortable and presents no major challenges. When the believer stays in tune with the Holy Spirit and His direction for her life, listening to His voice, she will neither move too soon nor will she delay her spiritual progress. When a believer knows which season she is in and is willing to fulfill God's purpose for her in that season, she will be fully prepared for the next frontier and spiritual assignment.

FLASHBACK!!!

WOR Conference 2010
Discussion Groups

With the purpose of facilitating a more in depth learning experience, five small groups took a more narrowed focus on the theme "Empowering Women of Destiny! Rise to the Occasion." Each group took a different approach to the subtopic, "But the laborers are few: empowering the pew," while maintaining a spotlight on the importance of discovering one's giftedness and calling to ministry service.

Group I - Dr. Leslie Frinks (Darlington, SC) and Sis. Mary Bostic (Columbia, SC)

We emphasized three processes of empowerment:

1. We need to step out of our comfort zones, and utilize the many resources throughout our international church body that provides us with innovative ways to witness.
2. We need to build relationships first starting within the body of Christ! We need to do this by building relationships that enable us to put Christ on display in our communities, workplaces, and in every aspect of our personal lives.
3. We must strive to encourage one another in order to circumvent the enemy's tactics of using our fears and doubts (about ourselves and others) as an obstacle to our harvesting.

Finally, personal contact information was collected and partners were created for follow-up, accountability, and encouragement after returning to our local assemblies.

Group II – Pastor Deborah Burrus and Elder Deborah Hanna (Baltimore, MD)

As we empower others, our drive and passion for excellence should not make others feel inferior nor discourage their participation. Oftentimes, people do not want to serve because they are afraid to make a mistake or fall short of the high standard of another person's work. This feeling is not foreign and typically derives from our critical eye. One of the elements of empowerment is allowing others the opportunity to serve and grow, and giving them room to make mistakes, even if it means they may not serve or do as 'great' a job as we perceive someone else will.

Group III– Evang. Patricia Watson and Miss. Jennifer A. Watson (Somerset, NJ)

This group targeted the mandate God has given us to "go into all the world and preach the gospel." In order to "Go", we must first receive the power that brings about our effectiveness in the world. Sunday after Sunday, we gather and receive power within the four walls of our churches while not recognizing the primary reason God empowers us is to effect change outside those walls. We must venture into our communities, our jobs, schools, and in the lives of those with whom we come into contact on a daily basis.

As we strive to achieve the personal goals and objectives we set for ourselves, God has called us to continual spiritual growth. In ten years, we should not be at the same stage spiritually that we are today. In fact, within the next year we should see obvious growth and the bearing of new fruit! We must cultivate the God-given passions and gifts we have received by practicing commitment, humility, compassion, holiness, and the study of God's word. Through these methods, not only will we bear fruit, but according to John 15:16, our fruit will remain because we will become the manifestation of God's will done in the earth, in our communities, in our homes and in and through our very lives! To God be the glory!

Group IV - Dr. Verna Robinson and Lady Yolanda Edmund (Lanham, MD)

Helping women of all ages identify their passion and commit to specific ways to use their passion in ministry outside the local assembly was the focal point of this group's discussion.

The array of a woman's passion may well be tea drinking, sewing, interior decorating, advocating for the poor, research, walking, prayer, cooking, studying the Word, writing, traveling, creative arts, organization, teaching small groups, sports, playing games with family, flower arranging, genealogy, mentoring, public speaking, or scrapbooking. Once your passion manifests, you apply that discovery to developing a "Using My Passion in Ministry" mission statement to move out of the pews into Kingdom service.

For example:

- I will use my passion for beauty and combine my skill in interior decorating to beautify a battered women's shelter.

- I will use my passion for sewing and the Word and combine my skill in teaching to lead a weekly Bible study for women who also love to sew.
- I will use my passion for walking and prayer to do a prayer walk for salvation in my neighborhood.

From that point, you incorporate your mission statement into your daily life and that is what propels you to move out of the pews and into Kingdom service.

Group V - Lady Sheryl Whilby (New Rochelle, NY)

The subtopic alerts us to the reality of the lack of people to do the work of mission. In order for the work to get accomplished, mission with a passion is a requirement. Not only will passion inspire and give fulfillment, but will enable us to move forward amidst the struggles and obstacles of the internal and external elements of life. Jesus is our prime example. When the weight and sins of the world fell upon Him, He cried, "Father if it be possible let this cup pass from me, nevertheless not as I will but as thou will,"-THAT'S PASSION.

Despite the road blocks, trying circumstances, or various hindrances we face, we must persevere to overcome the struggles and flourish in our passion and our respective assigned work. Although we may feel we travail in uncharted territories, our experiences are not unique. Paul worked as a tentmaker, even though he was called to preach to the Gentiles. This conflict can be viewed as a delay or distraction to his true purpose. Sacrifices and sufferings can also act as passion impediments, as in the case of Esther. She knew she had to wait for a specific time to see the King. Her share of the kingdom, as well as her status was on the line, but boldly Esther declared that, "If I perish, I perish but I must see the king." She knew her people must be delivered despite the circumstances.

To combat these obstacles, let us use those passion promoters such as: "trust in the Lord" (Prov 3:5), "faith without works is dead" (James 2:26), "being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ." (Phil 1:6), and Colossians 3:23 "whatever you do, work at it with all your hearts, as working for the Lord, not for men".

Spiritual Vitamin

Be Still...

By Evangelist Patricia Watson

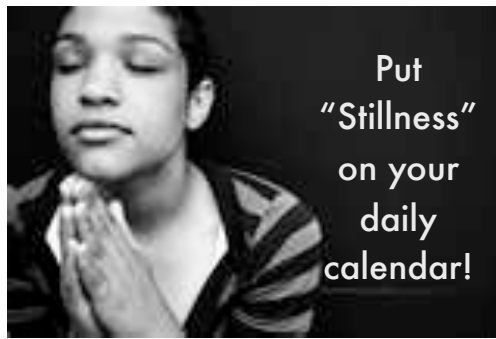
In today's busy lifestyles where there's an abundance of gadgets, information overload, overbooked schedules and just too many demands, it is clear we've all but lost the ability to be still. I know we do make time to worship and to sing "Lord, I'm available to you ..." It seems to me, though, that a crammed schedule is in conflict with availability.

How then are we to keep pace with our schedules and still be available? The answer may be in the verse we so often quote - "Be still, and know that I am God ..." (Psalm 46:10, KJV).

Adding "Quiet Time" to our schedules is as important as it ever was. It may seem there is no time in the day for one more booking - Quiet Time - but I think such an item is essential to the proper management of the entire schedule. It is in Quiet Time we get the direction we need to focus and to hear instructions necessary to prioritize schedules and weed out things that are of little value. It is in Quiet Time we realize the benefits of thinking and planning. It is in Quiet Time we make sense of the madness. The Scripture verse reminds us that it's in the quiet or still time that we learn about God and, therefore, it is often in that time we learn what He needs us to be available to do.

Stillness, I've found, does not come naturally - not when there are so many distractions. It is, however, a quality we must build. Someone recognized the value and started retreats; another benefitted so much (s)he started mini-retreats. Still not enough!

A daily time of stillness and meditation is necessary to prepare for the daily onslaught. After all, as triumphant as we like to consider ourselves, we must remember we are still at war. When else do we hear the Commander's battle tactics? When else do we escape the discordant sounds and determine which tactic He's chosen for the day?



I encourage each of us to "Be still!" Reading on the train isn't enough. Praying in the car isn't enough. Five minutes in the park isn't enough. It's time to put "Stillness" on our daily calendars.

How to Be Chic But Modest

"That our daughters may be as corner stones polished after the similitude of a palace."

~ Psalms 144:12(b) - KJV

By Lady Winsome Saunders

The great Fashion Icon, Coco Chanel, said some things that are worth quoting: "Elegance does not consist in putting on a new dress." "Dress shabbily and they remember the dress; dress impeccably and they remember the woman." And lastly she said: "I don't understand how a woman can leave the house without fixing herself up a little - if only out of politeness. And then, you never know, maybe that's the day she has a date with destiny. And it's best to be as pretty as possible for destiny." I thought Wow! We know God has destined us all for greatness and to represent Him in the Kingdom, and so we must be presentable at all times in a public setting.

Tips to being chic - but tasteful:

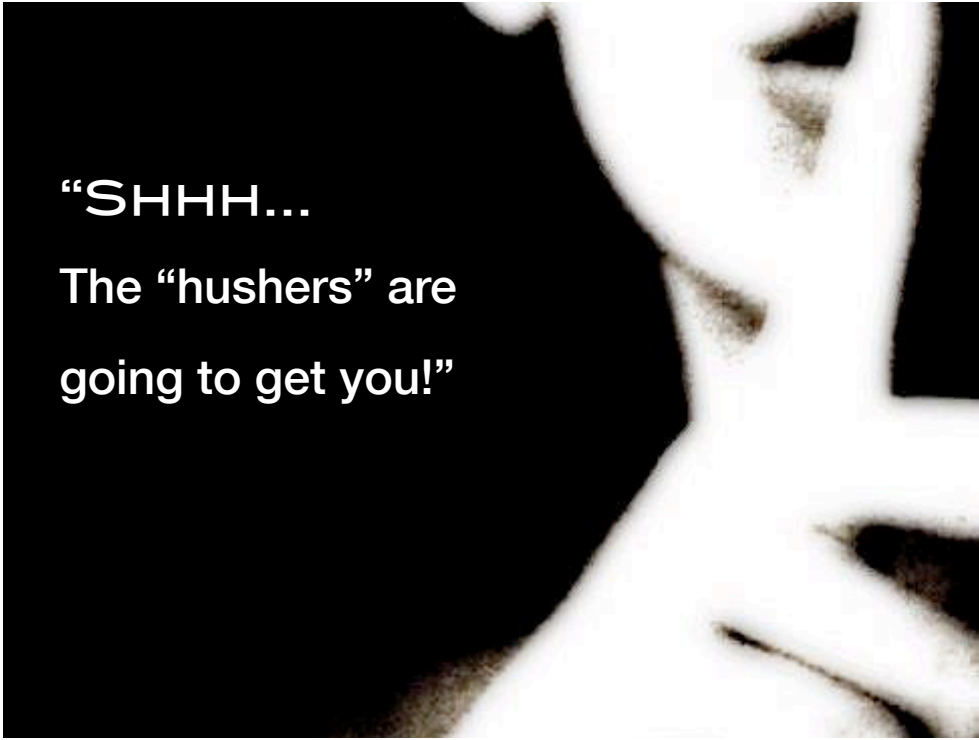
- Wear a solid black or a solid white dress or suit and then add a pop of bright color - just one item - a bag, a shoe, a flower - outstanding!
- Being chic is not about the most stylish clothes; it's about what makes you feel comfortable and what style suits you. It's important to look natural and light.
- Find classic clothes that will suit your coloring, body shape and personality. With good basics, it's easy to update the rest as seasons and your taste change.
- Have a collection of different colored shoes. Have bags and belts in different colors and sizes.
- Do not over accessorize - you will look tacky, not chic.
- Wear a lovely perfume just to leave a hint that you passed by.
- Carry your style with confidence, walk with your shoulders back and head up. (But not up in the clouds)
- To be chic is also to have a distinct personal style, from clothing to hairstyle to handwriting.

Even in the recession we can be chic. Haute couture designers are doing their own knock-offs producing more economically priced clothing. You can find Vera Wang in Kohl's! In these times a lot of people are finding an art that was being lost and that is sewing. Sewing retail stores are actually increasing sales when most businesses are suffering.

The word "chic" implies style, attractiveness, fashion and elegance; but an elegant appearance matches elegant manners. Misbehaving or being unladylike in public makes all your style lose its charm.

As we are called to be virtuous women we know we are not to dress provocatively but with moderation. The way we dress says a lot about our character. As daughters of God, fashioned in His likeness, what a privilege it is to be a lady that is classy and fabulous!





“SHHH...
The “hushers” are
going to get you!”

Christian Moms

More than a Husher

By Sis. Mary Lorick Bostic

Little Angie and her younger brother Anthony were sitting together during church services. Praise and worship was finally over but Anthony continued to sing and play his imaginary drums on the back of the pew. Finally, Angie had enough. “You better stop that noise,” she said.

“Why,” Anthony asked.

Angie pointed to the back of the church and said, “The hushers are gonna get you.”

Children are hilarious and precious. They are also totally dependent on others for guidance. The Bible never implied or assumed that every woman should be a mother. However, it does say that those whom the Lord blesses to be mothers should take the responsibility seriously. Motherhood is not a chore or unpleasant task, but an opportunity to love and teach. While the role of motherhood must change and develop; the love, care, nurture, and encouragement a mother gives should never cease.

[Titus 2:4](#) implies that the skills required for mothering are not inherent in all females, but rather, young women need to be taught how to be loving mothers. There are explicit expectations for mothers that are given in God’s word:

- **Availability** – morning, noon, and night ([Deuteronomy 6:6-7](#))
- **Involvement** – interacting, discussing, thinking, and processing life together ([Ephesians 6:4](#))

“Motherhood is not a chore or unpleasant task, but an opportunity to love and teach.”

- **Teaching** – the Scriptures and a biblical worldview ([Psalm 78:5-6](#))
- **Training** – helping a child to develop skills and discover strengths and spiritual gifts ([Proverbs 22:6](#))
- **Discipline** – teaching the fear of the Lord, drawing the line consistently, lovingly, firmly ([Proverbs 29:15-17](#))
- **Nurturing** – providing an environment of constant verbal support, freedom to fail, acceptance, affection, unconditional love ([Ephesians 4:29-32](#))
- **Modeling with Integrity** – living what you say, being a model from which a child can learn by “catching” the essence of godly living ([Proverbs 10:9](#))

The Greek word *philoteknos* is used in reference to mothers loving their children. This word represents a special kind of “mother love.” The idea that flows out of this word is that of caring for our children, nurturing them, affectionately embracing them, meeting their needs, and tenderly befriending each one as a unique gift from the hand of God.

Mothers, you’ve got to be more than just a “husher.”



On the Light Side

A Rainy Day

The minister's little six year-old girl had been so naughty during the week that her mother decided to give her the worst kind of punishment. She told her she couldn't go to the Sunday School Picnic.

When the day came, her mother felt she had been too harsh and changed her mind. When she told the little girl she could go to the picnic, the child's reaction was one of gloom and unhappiness.

"What's the matter? I thought you'd be glad to go to the picnic," her mother said.

"It's too late!" The little girl wailed. "I've already prayed for rain."

Sound Advice

The church was having trouble with its sound system and decided to install a more modern stereo system on an experimental basis. The pastor asked for comments and as an elderly lady departed the sanctuary that Sunday, she confronted him with her usual salty tone: "Don't like it. If I wanted to hear what you have to say, I would have moved closer up front!"

The Obedient Wife

There was a man, who had worked all his life, had saved all of his money, and was a real miser. Just before he died, he said to his wife, "When I die, I want you to take all my money and put it in the casket with me. I want to take my money to the afterlife with me."

And so he got his wife to promise him, with all of her heart, that when he died she would put all of the money into the casket with him.

Well, he died.

He was stretched out in the casket, his wife was sitting there dressed in black, and her friend was sitting next to her. When they finished the ceremony, and just before the undertakers got ready to close the casket, the wife said, "Wait just a moment!" She had a small metal box with her; she came over with the box and put it in the casket. Then the undertakers locked the casket down, and they rolled it away.

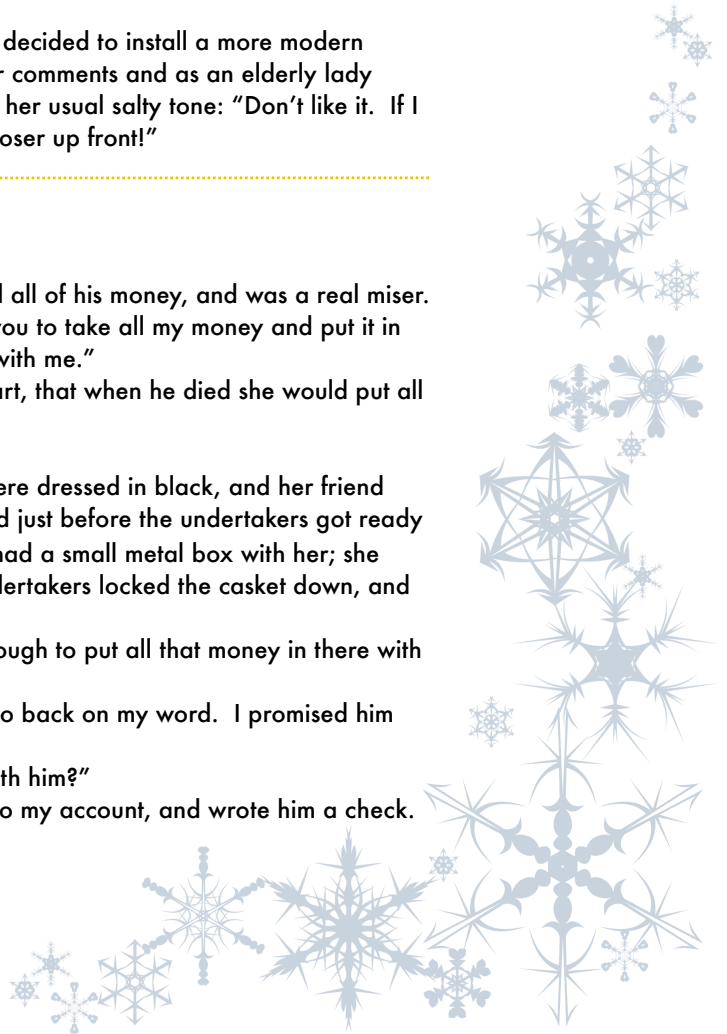
So her friend said, "Girl, I know you were not foolish enough to put all that money in there with your husband."

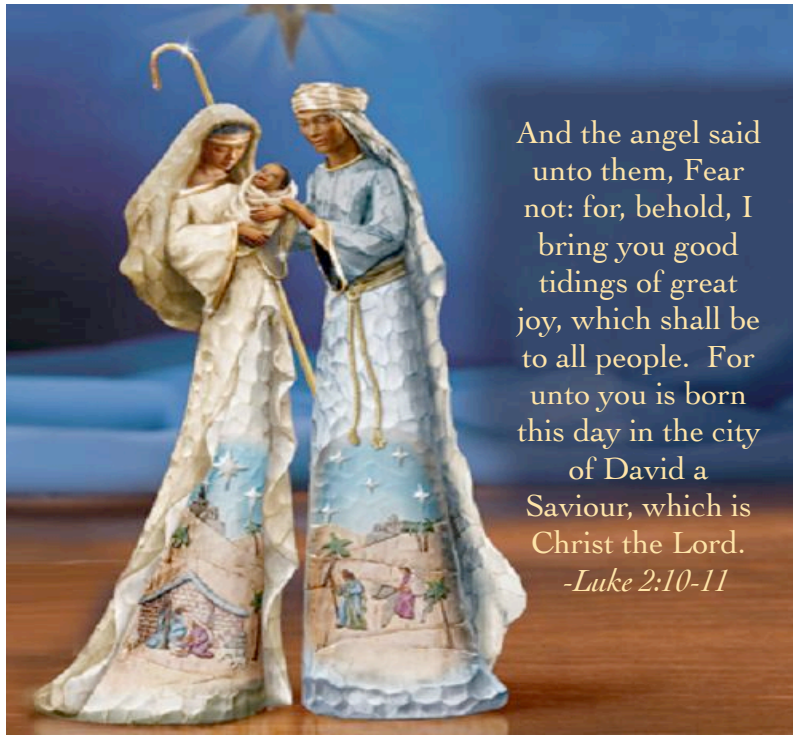
The loyal wife replied, "Listen, I'm a Christian; I cannot go back on my word. I promised him that I was going to put that money into the casket with him."

"You mean to tell me you put that money in the casket with him?"

"I sure did," said the wife. "I got it all together, put it into my account, and wrote him a check. If he can cash it, he can spend it."

SOURCE: IBC PERSPECTIVES - Vol. 20, No. 2





And the angel said unto them, Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Saviour, which is Christ the Lord.
-Luke 2:10-11



RECIPE CORNER

RED VELVET CAKE

submitted by Joyce Foster
Harvest United Ministries

2 cups sugar
2 1/2 cups all purpose flour
1 teaspoon baking soda
1 teaspoon salt
1 tablespoon cocoa
2 eggs
1 3/4 cup of vegetable oil
1 cup buttermilk
1 teaspoon vanilla flavor
1 teaspoon vinegar
1 2oz. bottle of red food coloring



Mix sugar and oil together in mixer. Add eggs one at a time; then, add red food coloring and a teaspoon of vinegar. Sift flour, salt, baking soda and cocoa together. Add to the sugar and oil mixture starting with half the dry ingredients alternating with the buttermilk. Continue until all is mixed together; then add the vanilla flavor. Bake in two 9-inch cake pans at 350 degrees for 30 to 35 minutes. When done, let cool before frosting.

FROSTING:

1 8-oz. package of cream cheese
4 cups of powdered sugar
1 1/2 teaspoon vanilla

Mix together until smooth and spread on cake. Pecan or walnuts may be added between the layers and on top of cake. You may also use store-bought cream cheese frosting to save time. To add a touch of holiday flavor, shake red and green sprinkles on top of icing.



Picture courtesy of: <http://www.loloschickenandwaffles.com/about-us.php>

Wrapped in Reading

By Desiree Jones, MBA

The creation of life begins in the book of Genesis. It is cultural, historical, and the true Word of God. As Christians, we read it out of assignment (Sunday School), duty (read through the Bible in one year), and genuine thirst for the Word. But let's be honest, it's not always understandable, nor relatable. However, this new book release illustrates how the book of Genesis depicts "Situations Like Ours and People Like Us."

Genesis and Life is a collection of vignettes from selected scriptures within each chapter of the book of Genesis. The author Bishop Cleven L. Jones, Sr. illuminates each character's everyday struggles while exemplifying their comparability to our everyday lives. Every chapter is a story of hope and encouragement followed by a personal prayer reflecting its relativity.

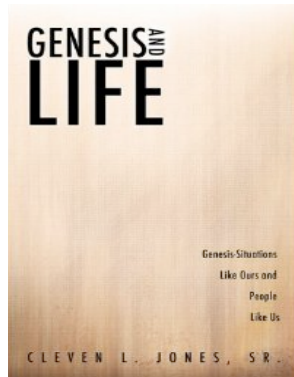
I know you're asking yourself, "How am I like Terah?" Now that I've

mentioned him, you're thinking, "Who is Terah?" Terah was Abraham's father, and died in Haran (Genesis 11). In this vignette, "Stay Focused", Bishop Jones does not over analyze Terah's position, but encourages the readers with a practical plan coupled with prayer to recognize and eliminate current distractions..."one by one."

The story of Joseph touches many themes: humility, forgiveness, pride, family issues...all relatable! "Humble Yourself (Only If You're Ever wrong)" quickly became one of my favorite chapters. "In church...we know when to stand, sit, kneel, clap, read, sing, say amen, and breathe a sigh of relief when service is over." We have to constantly move beyond tradition and into

TRUE brokenness. This is a daily necessity, and the author seamlessly ties this imperative with the delayed humility of Joseph's brothers in Genesis 44.

This literary work is jointly thought-provoking and growth-inspiring; informative and insightful; educational and spiritual. A must read!





The Power of the Pen

By Ethel Stewart

Ladies! I would like to share with you why it is so important to put your complaints in writing and not just complain to family and friends. We have all purchased an item (appliance, clothing, etc.) or received horrible service and have complained about the item or service; but for whatever the reason, do not take the time to officially put pen to paper and inform the corporation of our dissatisfaction.

In May of 2009 I purchased an air-conditioning system for my home. Because the system that I had in my home had lasted for thirty-two years with very few problems, I was inclined to buy a similar system from a trustworthy, reputable and thriving company. The system was installed and it operated without incident during the summer months. In October of that year when I changed the Programmable Thermostat from cool to heat, the system would not activate. I called the company for service and I was told there was a problem with the thermostat which they corrected. A month later the system again would not activate and, I called for service. When the service representatives arrived this time, they spent about eight hours repairing the system. At this point, I was quite concerned as to the quality and reliability of the system and the services that had been performed.

I immediately wrote a letter to the president of the corporation that manufactured the air-conditioning system and informed him of my thirty-two years experience with their system and product that prompted me to choose a similar replacement system. I expressed my concern about my

experience with the current product. I mailed a copy of my letter to the president of the company from which I purchased the system and, also, sent a copy to the Consumer Protection Agency for the State of Maryland. Within a week I had not only received a response from the assistant to the president of the corporation; but also, a call from the manager of the company where I purchased the system. The Consumer Protection Agency informed me that they had received my letter and they would be investigating my complaint. The Consumer Protection Agency also assigned a Mediator to my case to advocate on my behalf.

In my letter of complaint I requested another system installed or at least an Extended Warranty on the system because of the problems I was experiencing. I did not feel comfortable about the reliability of the system.

As a result of my taking the time to "put pen to paper" I received two additional Extended Warranty years on my air-conditioning system. So, ladies, take the time to express your frustration, complaints, and anger where it will bring you positive and rewarding results.

"...put your complaints in writing....where it will bring you positive and rewarding results."

Haiti
Thanks
You!

Helping Haiti

A Victory Report

By Lady Ethel Scott

On July 14, 2010, the Missions Ministry shipped a "Container" to Haiti which arrived on July 19. However, the 40 foot container was not released from Customs until October 21. Bishop Scott went to Haiti on October 23 to make sure that the relief items in the container would be distributed properly, and not sold on the black market.

We are happy to report that the non-perishable food items that were in the container remained in good condition; regardless of how long it took to be released. Hundreds of people lined-up to receive the food, clothing, furniture, etc. In addition to the relief efforts of Bishop Scott's trip to Haiti, he was able to witness to and baptize many people and many people gave their lives to God.

Bishop Scott and I would like to take this opportunity to express our heartfelt gratitude for the continued support that we have received for the mission ministries of the First United Church in Ft. Lauderdale, FL. Many of the United Churches gave out of the abundance of their heart to help the people of Haiti. The container was packed to its capacity. When you bless the needy and the poor, God will always bless you. In Proverbs 22:9 it reads, "Those who are generous are blessed, for they share their bread with the poor." Many thanks and blessings to all for your generous help!

Obeying God....Mind, Body & Spirit

By Sister Wilhelmina D. Wood, LPN/Charge Nurse

Young, middle aged and old, we are all alike, yet we are different and uniquely made. However, we do have one thing in common and that is, we all are women. (Smiles) Therefore, some of our health problems are also the same, such as getting a GYN, Gynecological check-up, consisting of a pap-smear and a mammogram every year.

I know we are busy with our jobs, family, perhaps school and church, but we must stop and take care of ourselves. How can we do this-by obeying God? Once a month in the privacy of our homes, we should examine our breasts, hoping that no lump or cyst will be found. I think if we do this once a month on the day that our church has Holy Communion, we won't forget.

Why on Communion Day when we are remembering the Lord's last supper should we examine our physical bodies? This is a good day because this is the day that we are connecting our minds with Jesus more than any other time. God has promised us in Isaiah 26: 3, "Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee." Next, we obey God when we take care of our bodies. 1 Corinthians 6:19 states: "What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?" Then we obey God spiritually. 1 Corinthians 6:20 says, "For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's"— connecting mind, body and spirit.

After we have examined our breasts in obedience to God's word, next we should schedule an appointment with our doctor to get a mammogram (X-ray of your breast) once a year. Most Insurance companies will pay for one mammogram a year. If you don't have insurance, call the American Cancer Society in your city and they will help you.

Also, schedule a GYN check up with your doctor for a pap-smear examination to detect cervical cancer. Both tests could save your life. Remember early detection, along with God, is your best weapon, for Isaiah 53:5 declares, "But he was wounded for our transgressions, he was bruised for our iniquities; the chastisement of our peace was upon him; and with his stripes we are healed".

Finally, keep a positive attitude no matter what the results may be; you know with God all things are possible; without God, all things are impossible, but we are made whole by our faith. God bless and stay well!

“..we
obey
God
when
we take
care of
our
bodies.”



INSIGHT

WOMEN OF ROYALTY The Executive Board

Co-Pastor Ernestine Lewis — President
Pastor Joyce Washington — Vice President
Evangelist Patricia Watson
Elder Thomasina Wharton
Missionary Marcia Bond Redmond
Missionary Angela McMillan Howell, Ph.D.

Lady Winsome Saunders, Advisor

Support Staff

Co-Pastor Justine Claxton, Chaplain
Mary Lorick Bostick, Corresponding Secretary
Kimberly Lewis, Recording Secretary
Desiree Jones, Public Relations
Lady Ethel Scott, Finance Chairperson
First Lady Beverly Grubb, Finance Co-Chairperson
Deaconess Paulette Pace, Hospitality
Marcia Boardley, Publications



Editorial Policy

Due to the number of articles submitted to INSIGHT, it is necessary to establish policies regarding those selected for publication. The editorial board reserves the right to accept, correct, modify, adjust content, request re-submission, and/or withdraw an article in an effort to provide its readers relevant, accurate and substantive material.